

COURSE TITLE: PSYCHOLOGY OF HUMOR

LECTURER: Filip Sulejmanov

MINIMAL NUMBER OF STUDENTS: 4 ECTS CREDITS: 4

## ABOUT THE COURSE:

This course will introduce theoretical and empirical approaches to psychological understanding of humor. The course will cover psychological theories of humor, cognitive, developmental and social aspects of humor, individual differences, and the relation of humor with well-being. Applications in education and the workplace will also be considered.

## COURSE STRUCTURE:

- 1. Introduction to the psychology of humor
- 2. Theories of humor
- 3. Cognitive and social psychology of humor
- 4. Personality approaches to the sense of humor
- 5. The 7 Humor habits program
- 6. Student presentation

## To complete the course:

Attendance of lectures; engaging in discussion;

Assignements;

Seminar work (presentation on a chosen topic)