



Faculty of Arts

Palacký University Olomouc



Department of Psychology Faculty of Arts Palacký University Olomouc



"It is a challenge and also a pleasure for me to head the Department of Psychology team. I'm proud of our experienced members within the department and also of our younger colleagues who contribute to the enrichment of psychological science through their high-quality teaching and excellent research. I am glad that we are educating promising young scientists as well as successful experts in practice. Last but not least, I am pleased that our department helps the general public, maintains good relationships with graduates, and interconnects science and study with practice."

Matúš Šucha, Head of the Department of Psychology, Faculty of Arts, Palacký University



# About the Department

The Department of Psychology, with its nearly 70-year tradition, is one of 21 departments of the Faculty of Arts of Palacký University in Olomouc. We have been among the top-ranked Departments of Psychology in the Czech Republic for a long time.

### **Our Mission**

To educate and develop students in accordance with current scientific knowledge and the needs of practice and to perform high-quality scientific and research activities with the aim of contributing to the enrichment of psychological science.

### **Our Values**

- Academic freedom
- Ethical principles
- Scientific integrity
- Openness to new ideas
- · Mutual solidarity and respect
- · Respect for the traditions of the department

## **Our Teachers**

- The department has a team of approximately 25 teachers, all of whom are renowned experts in psychology.
- We cooperate with external experts, which means we offer a wide range of courses.

### **Our Students**

- Currently, more than 600 students attend our department, either full-time or through the part-time form of study.
- We have hundreds of graduates working in various fields of psychology.

### **Our Place**

- We are located in the heart of Olomouc, the historic capital city of Moravia.
- We are part of the second oldest university in the Czech Republic.





# We do research

Research is a priority for us. Students are encouraged to perform high-quality scientific activities as early as the first year of their bachelor's study programme. Students are educated in the methodology of psychological research and they prove their knowledge in their bachelor's and master's theses. The highest demands are made on doctoral students (Ph.D.), who mainly manifest their research skills in doctoral theses.

Members of the department conduct research on both the local level and within international research teams. They are successful applicants in grant competitions. The department carries out research with an emphasis on the needs of practice and a positive social impact.

The main research fields that we deal with are the following:

- Cognitive (General) Psychology;
- Developmental Psychology and Family Psychology;
- Social Psychology and Personality Psychology;
- · Counselling, Educational and School Psychology;
- Clinical Psychology, Diagnosis, and Psychotherapy;
- Psychology of Work and Organization, Traffic Psychology;
- Methodology, Statistics, and Experimental Psychology.

Members of the department regularly present the results of our research at significant Czech and international conferences, as well as in recognized journals. Publishing professional **monographs and major psychology textbooks** comprises an important part of their research activities. The latest ones that we should mention are:



# Science and Research



- Textbook of General Psychology, History of Psychology, Sleep and Dreaming (Alena Plháková);
- Introduction to Personality Psychology, Psychology of Values (Panajotis Cakirpaloglu);
- Family Psychology (Irena Sobotková), Foster Care in the View of Adults Brought Up in It: Trends vs. Experiences (Irena Sobotková, Veronika Očenášková);
- Traffic Psychology in Practice (Matúš Šucha);
- The Rorschach Method: Integrative Approach to Interpretation (Martin Lečbych);
- Interactive Psychological Training for Practice (Marek Kolařík);
- Aphasia and Associated Disorders of Symbolic Functions (Radko Obereignerů);
- *The Theory and Practice of Counselling Psychology* (Roman Procházka, Jan Šmahaj, Marek Kolařík, and Martin Lečbych);
- Discovering Interpersonal Personality Characteristics (Martin Seitl);
- Dissociation, Alexithymia and Self in People Addicted to Alcohol (Roman Procházka);
- The Psychology of Religion (Olga Pechová);
- When Did It Happen? The (In)Competence of Human Memory for Personal and Public Events (Aleš Neusar);
- The Psychological Aspects of Palliative Care (Martin Kupka);
- Effective Early Diagnostics of Risky Behaviour in Adolescents (Martin Dolejš);
- A Man, His Brain and the World (Miroslav Orel, Věra Facová, Vladimír Řehan et al.).

Other publications can be found on our website: http://psych.upol.cz/vyzkum/klicove-publikace/





# **Practical Workplace and Laboratory**

The staff of the department, with the support of European Structural Funds, founded the **Practical Workplace** in 2013. It provides opportunities for students and researchers

- to deepen their practical skills;
- to carry out applied research directly in the department.

**The laboratory** is a unique facility of its kind among Czech universities. It ranks among the prominent European research centres thanks to its wide range of technical equipment. This consists of a series of modern diagnostic equipment and methods which can be used in various areas of applied psychology.

- The binocular eye camera Eye Frame Mounted Scene, Binocular
- Traffic psychology psychodiagnostic software for the assessment of drivers' psychological eligibilities Vienna Test System, Expert System Traffic
- Psychophysiology Biopac, EEG (electroencephalogram), EMG (electromyogram), EDA (Electrodermal activity), ECG (electrocardiogram)
- Neuropsychology Neurop-3, EEG biofeedback system, Nexus-10, Touch Neurop, and other neurorehabilitation software
- Virtual reality V r200-intro-w





# Study

# We Educate

We offer three degree programmes in single-major psychology:

- Bachelor's (Bc.);
- Master's (Mgr.);
- Doctorate (Ph.D.).

Each programme can be studied in the full-time and part-time forms of study. Annually, about 60 students are admitted to the first year of full-time study and 40 students to part-time study in our Bachelor's study programme. The ratio of the Master's study programme is 50:40, full-time vs. part-time students.

## **Our Courses**

- Compulsory courses provide students with an overview of all the key areas of psychology – general, cognitive, clinical, counselling, educational, school, work and organisational psychology, and psychopathology.
- Students can choose from a **wide range** of compulsory optional courses, depending on what field of psychology they want to specialize in, for example, Cyberpsychology, Neuropsychology, Neurophysiology, Traffic Psychology, General and Special Psychotherapy, Family Psychology, Psycho-Oncology, the Rorschach Method, Designing Tests and Questionnaires, or Market Psychology and the Psychology of Advertising.
- Methodological courses that prepare our students for **high-quality research work** run through their entire study.
- Students can choose from a variety of **management courses**, such as Economic Psychology, Managerial Psychology, Management of Virtual Teams, Psychology and Staff Selection, etc.

These courses help students increase their chances on the labour market.







### **Our Courses**

The Department offers **accredited qualification courses** which can be attended by students and also graduates of single-major psychology.

- Traffic Psychology the programme meets the requirements of the Ministry of Transport of the Czech Republic for acquiring accreditation as a Traffic Psychologist.
- Psychology in the Health Service a course accredited by the Ministry of Health of the Czech Republic for working in the health service.
- School psychology at elementary and secondary schools.

There are mentors within the department who prepare candidates for obtaining their European Certificate in Psychology (Europsy).

Within the Institute of Lifelong Education of Palacký University, it is now possible to obtain a certificate in Managerial and Economic Psychology.





# **Bachelor's Programme**

The first year in this programme involves study of the basic disciplines of psychology (General and Cognitive Psychology, Developmental Psychology, the History of Psychology, and Methodology), as well as human biology (Anatomy and Physiology, Neurophysiology). The following two years are focused on practical and specialized knowledge in Personality Psychology, Clinical Psychology, Psychopathology, and Psychodiagnostics.

Our students experience **educational stays and practical training** in clinical and counselling psychology and the psychology of work. During their study, students work on their **bachelor's thesis**, within which they carry out independent research.

The thesis defence is part of the final state examination at the end of the studies.

#### **Entrance Examination**

The entrance examination takes place in two rounds.

- The first round is in written form and is provided by the Faculty of Arts of Palacký University. The content consists of a Scholastic Aptitude Test and a test in the field of psychology.
- The most successful students proceed to the second round, where they meet our teachers at the oral part of
  the entrance examination. We are interested, apart from basic knowledge of psychology, in human biology
  and in the students' motivation to study psychology. We expect this motivation to be proven in the form of
  study results, professional literature read, or extracurricular activities.

We organize an annual **preparatory course** for the entrance examination and an **Open Doors Day** for applicants.

Students who are admitted can look forward to the "Dostředy" familiarization stay, which always takes place at the beginning of the academic year.

### Finding Employment

- Graduates of the bachelor's degree study programme find employment in human resources, the state administration, in the education system as teaching assistants, or in other caring professions.
- To perform as an independent psychologist, it is necessary to complete the follow-up Master's study programme.





# Follow-up Master's Programme

Our students can choose which direction they wish to specialize in, although they obtain a general basis in all key areas. The spheres the courses cover are the following:

- Clinical Psychology Psychology of Health and Illness, Applied Psychodiagnostics, Developmental Neuropsychology, the Rorschach Method, Addictology, Somatopathology, Child Psychotherapy, etc.
- Psychotherapy and Counselling Marriage and Family Counselling, General and Specialized Psychotherapy, Cyberpsychology, Sport Psychology, Crisis Intervention, Psychology in Foster Family Care, etc.
- Educational and School Psychology Educational Psychology, School Psychology, Psychology for Teachers, Pedagogical-psychological Counselling, etc.
- Managerial Psychology Human Resources Management, Market Psychology and the Psychology of Advertising, Engineering Psychology, Traffic Psychology, Psychology and the Selection of Employees, etc.

Students also write a **Master's thesis**, within which they carry out independent research. The thesis defence is part of the final state examination at the end of the studies.

### **Entrance Examination**

Applicants go through two rounds.

- The content of the **first round** is made up of a test in psychology at the level of the bachelor's study of single-major psychology according to the Europsy methodology requirements, including knowledge of methodology and statistics.
- The second round is an oral interview. The most successful candidates in the first round attend it. We organize an annual Open Doors Day for applicants.

### Finding Employment

• Master's degree graduates have the necessary qualifications to work as psychologists in the heath service, counselling, education, in the field of the psychology of work, in the social welfare service, public administration, penitentiary system, etc.

### Department of Psychology





# **Doctoral Study Programme**

The department offers postgraduate study in the full-time or part-time form of study in two fields:

- Clinical Psychology
- Educational Psychology

The studies last three years. Students attend a number of professional courses culminating in exams, they take part in seminars with guest experts, they have to publish the results of their research (presentations at conferences, articles in scientific journals), they teach in practice, and they also experience educational stays abroad. The main objective of this study is the development of specific professional and methodological competencies in the chosen field and successfully coping with their dissertation research proposal. At the end of their studies, students defend their theses and sit for a final doctoral examination.

#### Entrance Examinaion

Students are admitted on the basis of an oral interview, during which the following are evaluated:

- the quality of the research proposal, which must be based on the themes announced by the department for the given academic year;
- study results;
- previous publications;
- recommendations

# **Rigorous Examination Procedure**

Graduates of the Master's programme in psychology can take a rigorous exam, after passing which they are entitled to use the title "PhDr" before their name. A successful defence of their rigorous thesis and successfully passing the State exam are also part of the examination.





# **International Cooperation**

The department offers its students the opportunity to study at foreign universities, thanks to Erasmus, Ceepus, International Mobility Developmental Grants (Freemovers), the Merrill and Fulbright Programs (for study in the USA), or the Darmasiswa Scholarship (for study in Indonesia).

We cooperate with a number of universities: Covenant College, USA; Vladosta State University, USA; Regent's College, London, UK; Queen Margaret University College in Edinburgh, Scotland; the University of Helsinki; the Institute of Behavioural Sciences in Finland; the University of Copenhagen in Denmark; Opole University in Poland; the University of Groningen, in the Netherlands; Istanbul Commerce University in Turkey; Ss. Cyril and Methodius University at Skopje in Macedonia; the Technical University of Varna in Bulgaria; Technische Universität Dresden in Germany; Friedrich-Schiller-Universität Jena in Germany; the University of Coimbra in Portugal; Universidad de Burgos in Spain; Università degli Studi di Firenze in Italy; Harbin University of Science and Technology in China; Universidad de Nuevo León in Mexico, and Universidad Nacional de Colombia in Colombia.

In past years we have organized an International Week, during which students were acquainted with the numerous possibilities of studying or working abroad. During the International Week psychologists from around the world give professional lectures and lead workshops.

The department offers selected courses in English for international students.

### We teach following courses in English:

- Methodology of Psychological Research Research Proposal
- Basics of Data Analysis for Social Sciences
- Cyberpsychology
- Psychophysiology
- Human Factors in Traffic
- Organisational Culture
- Issues in Contemporary Psychology of Values
- Thinking and Decision Making in Practice
- Family Psychology

#### **Department of Psychology**





# We Interconnect with Practice

Students are linked with practice within four specialized modules:

- clinical psychology;
- psychology in social services;
- the psychology of work and organisation;
- educational and counselling psychology.

Teaching in practice – confined to the subjects that we offer – is an obligatory part of the study. Additionally, our students experience educational stays beyond the scope of their studies.

One part of teaching in practice is carried out at the **Practical Workplace**, which is an accredited practice in accordance with the study plan; an optional internship is carried out, together with participation in a specific research project or as an optional internship for experts to become acquainted with the equipment and methods that the workplace possesses.

The department has created a unique network of more than 20 partnership organizations – the Partner Network of the Department of Psychology of the Faculty of Arts of Palacký University in Olomouc. We cooperate with prestigious organizations operating in the field of psychology: Škoda Auto, Hyundai, People in Need (Člověk v tísni), Transport Research Centre, University Hospital Olomouc, the Pedagogical-Psychological Counselling Centre and Specialized Pedagogical Centre of the Olomouc region, Hogrefe – Test Centrum, the psychiatric hospital in Šternberk, the psychiatric hospital in Kroměříž, etc. Students use their knowledge and skills in practice in these places. The Partner Network is to encourage applied research based on the requirements of practice and on regular professional meetings of members of the department with representatives of the partnership organizations. Students of the department are directly involved in research teams.





# We Organize

We place an emphasis on sharing psychological knowledge and research with professionals and the general public. Therefore we organize a number of conferences, seminars, and workshops.

### **Conferences and Symposia**

In cooperation with the Czech-Moravian Psychological Society, we organize the traditional international conference Days of *Psychology*. We co-organize the Czechoslovak conference *Qualitative Approach and Methods in Human Science*. The international conference *PHD Existence*, intended primarily for students of doctoral programmes, is also well received. In the years 2012 and 2014, major international conferences devoted to psychotherapy and expressive therapies were held under our auspices, including *Common Space* and in 2014 an international *Symposium of Family Therapy*. In 2013 we organized a prestigious conference called *Work and Organizational Psychology in 2013*.

### **Seminars and Workshops**

Professional seminars, workshops and lectures on various areas of psychology take place regularly. In 2013 and 2014 we organized seminars such as *The Neuropsychological Rehabilitation of the Cognitive Function and its Psychotherapeutic Context, 12 Questions and 12 Answers to Current Psychotherapy (in the World), The Utilization of Art Therapy in Practice, Developmental Diagnostics of the Preschool Age, Gestalt Therapy – Dialogical Approach, Logotherapy, Cognitive Behavioural Therapy, and Jungian Psychotherapy.* Additionally, the seminar *Traffic Psychology: An Assessment of Drivers' Psychological Eligibility* is also held. Students and staff of the entire university have been attracted to our past discussion meeting on "How to take care of your money and not be tricked by the unethical behaviour of some financial advisers" and by our Time Management workshop, our lecturers' skills, and our Assertiveness workshop.

### **Cultural events**

Our students regularly organize the Department of Psychology's Ball and a welcome "Psychoparty" for first-year students. We have also held public screenings of films, including the successful documentary Šmejdi, whose co-author is one of our doctoral students.





# We Cooperate with Students

We care about our students' satisfaction, meaning that we appreciate their views and support them actively during their studies.

We have created a web application, **Our-Your Department**, for our students, where they can write their comments or ideas for improvement. We are mindful of applicants' feedback regarding the course of entrance examinations through online surveys. We announce **student competitions** such as "The Department of Psychology through Students' Eyes" or "Become the Administrator of the Department's Blog". We are the only department of psychology in the Czech Republic to offer a mobile application for smartphones, called Psychoid, which allows students to continuously monitor events at the department.

Through a grant system we help students in their own research work. We support students who participate in professional events (e.g. conferences) in the form of special scholarships.

At the end of each semester students anonymously express their opinions on the standard of teaching at the department by means of **evaluation**.

Our students founded an important students' organization called **The Czech Association of Psychology Students** (ČASP) and they are still very active members. ČASP organizes professional seminars, workshops, lectures, and a nationwide professional conference once a year. It also focuses on support for the intercollegiate cooperation of psychology students and it realizes volunteer projects.







# We Help

Psychological Counselling for the students and staff of Palacký University in Olomouc **has been operating since 1994 at our department**. It provides assistance in solving the study and personal problems of the students and staff of Palacký University.

**We are involved** in a number of regional development projects that aim to improve the quality of life, environment, and overall life satisfaction of local residents. For example, we have taken part in the Green University project, which supports sustainable and ecological transport in the city.

The department supports **Association Chance**, which operates at the Department of Paediatric Oncology of the University Hospital Olomouc. There is traditionally good cooperation with the civil society organization ISIS for **assistance to foster families**. The professional standard of the activities carried out by the association – including educating parents, psychological counselling and programmes for children – was guaranteed by Irena Sobotková for many years, while at the present time her former students, who are now psychologists specializing in foster family care, have taken up her torch. The students of the Department of Psychology contribute significantly to the implementation of a special programme in ISIS to support the healthy personal identities of children in foster families.

In addition, our teachers often act as psychologists or volunteers in various organizations providing social, psychological, and low-threshold services.





# Palacký University

Palacký University is one of the most important universities in the Czech Republic. Apart from its high-quality education and rich history, it is based on the high performance of its staff and students in the field of science and research. As the second oldest university in the Czech Republic, which recently celebrated 440 years in existence, it offers modern workplaces equipped with cutting-edge technology. Additionally, its recently opened scientific research centres, which attract foreign experts and students, have gained an international reputation.

The University has eight faculties – the Faculty of Medicine and Dentistry, the Faculty of Science, the Faculty of Education, the Faculty of Arts, the Faculty of Law, the Sts. Cyril and Methodius Faculty of Theology, the Faculty of Health Sciences, and the Faculty of Physical Culture. More than 23,000 students study here in a wide variety of study fields. There are also Master's and Doctoral degree programmes in English for international students.

### Olomouc University - a great place to visit

Palacký University enjoys renown among a variety of international experts. Specialist conferences are attended by leading experts in their fields from around the world. The prestige of our university is proven by the fact that applicant interest exceeds the capacity of the university.

The academic community has reshaped historic Olomouc, with its 100,000 inhabitants, into a real University City. There are a number of student organizations, which means undergraduates have excellent conditions for a range of activities in their free time. Our modern libraries, computer classrooms, laboratories, and sports facilities are all enjoyed by everybody.



Member and Partnership Organizations





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